



Canadian Ski Instructors' Alliance

CANADIAN SKI INSTRUCTORS' ALLIANCE

LEVEL 2 CERTIFICATION PROGRAM

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Mission Statement:

"The Canadian Ski Instructors' Alliance provides excellence in education for the profession of ski teaching, contributing to the growth and enjoyment of skiing."

Certified as a designated Educational Institute by the
Canadian Department of Human Resources Development

LEVEL 2 SKIER DEVELOPMENT COURSE

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Level 2 Skier Development Course

Level 2 Ski Exam

A. INTRODUCTION

This Course is designed to offer members a two-day intensive ski improvement experience focused on helping participants meet the Level 2 Skiing Standard while exploring relevant terrain and different snow conditions. For more details about the Certification pathway click [here](#).

Level 2 (L2) Instructors make up the majority of the CSIA membership and instructors in Snow Schools across Canada. The L2 Skier Development Course is for anyone who has passed the Level 1 certification, the [Snow Park](#) Certification or who meets an accepted prerequisite via a partner organization.

This document is designed to provide a brief outline of the program and includes hyperlinks throughout to provide additional information.

B. LEARNING OUTCOMES

During the 2-day Course, participants will be exposed to the following:

Ski Improvement

- Consolidation of skier movements to achieve skiing outcomes in designated terrain and conditions.
 - *Coordination of movement patterns appear*
 - *Controlled and rhythmical execution of task under stable conditions*
 - *Some performance elements are maintained, but are inconsistent when skier is under pressure*
- Insight and preview of L2 Ski Exam Criteria

Collaborative Teaching

- Gain insight into decision making and use of a [collaborative teaching approach](#) as you work together with your CC to develop their own skiing.

Assessment and Development Strategies

- Gain knowledge of how to assess skiers using the [Skills Framework](#)
 - Recognizing terrain and snow conditions
 - Assessment strategies and tactics
 - Ski snow interaction and skier movements – how they are related

C. PROGRAM ITINERARY

DAY 1 (TOTAL 4.5 Hours on Snow)

Day 1 AM

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- Registration/ check in (outdoors if possible)
- [Health Check/ Vax Confirmation](#)
- Ski improvement Session
- Get to know '[Collaborative Teaching Approach](#)'
- Use the [Skills Framework](#) for technical assessments of chosen objectives

Day 1 PM

- Linking Cause and Effect (ski snow interaction/ Skier Movements) through task design and development of chosen objectives.
- Level 2 Ski off run objectives and terrain review.
- Debrief and planning for day 2

DAY 2 (TOTAL 4.5 Hours on Snow)

Day 2 AM

- Health Check
- Review Day 1 findings
- Continued ski improvement

Day 2 PM

- Continued integration of ski off run objectives
- Exam recommendations and tactics
- Development Planning

****INVITE to CSIA MEMBERS to PROVIDE FEEDBACK****

CSIA programs and content are influenced by many factors including the input from participants. Please take a few minutes to provide feedback on your experience in this program through the online survey that you will receive following completion of the program. Thank you in advance for your time!

D. RESOURCES

The CSIA is committed to minimizing its impact on the environment by limiting printed materials on all programs. Instead, all resource and reference materials can be accessed via the links below and in the Resources tab in your CSIA Profile.

Please be prepared to take notes on your own development on your phone or other device. Below you will find a link for a fillable PDF Development Plan Form if you would like to download and use it during the program.

Recommended reading - click on the headers below to be redirected to each online resource (as per your registration confirmation email). Recommended pages are indicated below however you are welcome to explore each document in its entirety. Some review questions are included to highlight aspects that will be helpful to identify before you attend your program.

- [Collaborative Teaching Approach](#) (read all)
 - What are the four titles of the Collaborative Teaching Approach?
- [Skills Framework](#) (read p. 2 – 6)
 - What are the three Skills Framework principles?
- [Physics of Skiing](#) (read p. 3 – 9)
 - What is COM and BOS?

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- [Performance Model](#) (read p. 4 – 15 & 20 – 27)
 - What are Drifted vs Steered Turns?
 - What are the common problems and solutions regards to Introduction to Parallel?
- [Participant Development Plan Form \(fillable PDF\)](#)
- Level 2 Ski Evaluation Master Sheet

LEVEL 2 SKI EXAM OUTLINE

A. INTRODUCTION

The Level 2 Skiing standard is evaluated in a full day, ongoing assessment of skiing proficiency. The Course Conductor will provide each participant with training and development opportunities as well as “ski off” runs in the required turn types and terrain. Specific details of turn types and evaluation criteria are below. Each group skis with their Conductor all day with the Conductor acting as both a coach, and evaluator during the process.

B. ITINERARY

- Registration/ check in
- [Health Check/ Vax Confirmation](#)
- Preview of the day/ exam format
- Evaluation criteria review
- Full day assessment
- Results presentation and feedback

C. MARKED RUNS

Level 2 - Consolidation

- Coordination of movement patterns appear
- Controlled and rhythmical execution of task under stable conditions
- Some performance elements are maintained, but are inconsistent when skier is under pressure, conditions change or demands increase

Type	Medium Turn (9 - 11m)
Speed	Medium Speed
Performance	Drifted
Pitch	Blue
Surface	Groomed
Qualities	Linked turns Speed remains consistent Rotational Control results in the appropriate steering angle for the objective Edging Control results in outside ski directing COM throughout Skis change edges at transition simultaneously

Type	Short Turn (less than 1 cat track)
Speed	Medium Speed

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Performance Drifted
Pitch Blue
Surface Groomed
Qualities Speed remains consistent throughout
Steering results in deflection of COM across the run
Edge grip is apparent below the fall line

Type Free Run (Terrain interpretation)
Speed Medium Speed
Performance Drifted
Pitch Blue
Surface Unprepared, small bumps, choppy snow
Qualities Turn shape and line are adjusted to terrain
Speed remains consistent
Snow contact is controlled at will
CSIA technical elements are applied

**Only one of the development tactics is chosen based on conditions of the day for a total of 4 marked runs.

Type Intro to Parallel Demonstration
Speed Medium
Performance Drifted
Pitch Green
Surface Groomed
Qualities Round Linked turns
Speed remains consistent
Outside ski steering angle achieved at initiation resulting in balance against outside ski
Skis match below the fall line

OR

Type Wedge Turns
Speed Slow
Performance Drifted
Pitch Green
Surface Groomed
Qualities Round linked turns
Speed remains consistent
Outside ski steering angle achieved at initiation resulting in balance against outside ski
Both skis remain on inside edges
Turn shape will be rounded off more on Blue terrain and less so on Green runs

LEVEL 2 SKIER DEVELOPMENT COURSE

D. EVALUATION FORM



**MASTER SHEET
LEVEL 2 SKIING EXAM**

SKIING RESULT	
ME	NI

Name _____

Member # _____

Location _____

Date _____

Course Conductor _____

Run	Medium Turn	Short Turn	Tactic	Free Run
Score >				

MARKING SYSTEM

Each run is marked on 10 points and the passing mark is 6 out of 10

Passing criteria

- Obtain an overall of 60 % average
- Must pass 3 runs out of 4
- Must pass the Tactic run
- Must pass the Medium Turn

Each Ski-Off Run has an objective that relates to speed, turn shape and level of ski performance.

Skills should be applied appropriately to achieve the objectives to a CONSOLIDATED level of execution. Both the objective and skill application are considered in determining individual marks. The scale works as follows (read the mark of 6 first):

8 or higher – precise execution of run objective with refined technical execution.

Example: can effectively control line in all cases and can manage higher speeds effectively AND is refined technically, well above the Level 2 standard.

7 –precise execution of run objective and/or refined technical execution.

Example: skier is able to control and adjust turn shape at a higher speeds and level of performance when appropriate OR skill blend is more precise resulting in a more precise or dynamic run.

6 –achieves the objective of the run AND shows consolidated skill execution most of the time.

Minimum Passing Mark

5 –achieves the objective of the run, but skill development is not at a consolidated level or skills are consolidated but does not achieve the objective of the run.

Example: correct speed and turn shape, however, lacks rotational control OR good technique, but speed is too slow or too fast for the objective of the run.

4 –fails to achieve the objective of the run and skill level is not consolidated.

Example: rotation affects the ability to maintain speed control and turn shape most of the time

3 or lower – does not achieve the run objective and skill(s) require acquisition (well below the L2 Standard)

Example: basic skiing skills are deficient (acquisition level or lower) such as rotational, edging or pressure control, therefore, speed, turn shape and ski performance are greatly affected.

ME Candidate meets expectations in this aspect

NI Candidate needs improvement in this aspect

L2SEVAL-EN-22

Level 2 Teacher Development Course

Level 2 Teach Exam

A. INTRODUCTION

This Course is designed to give participants the opportunity to develop and practice teaching approaches and strategies that address a broader range of student skill levels. For more details about the Certification pathway click [here](#).

Level 2 (L2) Instructors make up the majority of the CSIA membership and instructors in Snow Schools across Canada. The L2 Teacher Development Course is for anyone who has passed the Level 1 Certification, the [Snow Park](#) Certification or who meets an accepted prerequisite via a partner organization.

This document is designed to provide a brief outline of the program and includes hyperlinks throughout to provide additional information.

B. LEARNING OUTCOMES

During the 2-day Course, participants will be exposed to the following:

Collaborative Teaching

- Explore and use the 'Collaborative Approach' to develop an organized lesson structure.
- Tactics for engaging and getting to know your learners
- Risk mitigation

Assessment and Development Skills

- Learn how to assess and develop skiers using the skills framework
 - Recognizing and choosing terrain and snow conditions
 - Assessment strategies and tactics
 - Task design and toolbox
 - Ski snow interaction and skier movements – how they are related

Ski Improvement

- Insight and preview of L2 Ski Exam Criteria
- Demonstrations

C. PROGRAM ITINERARY

SUMMARY SCHEDULE

DAY 1 (TOTAL 4.5 Hours on Snow)

Day 1 AM

- Registration/ check in
- [Health Check/ Vax Confirmation](#)
- [Collaborative Teaching](#)
- [Skills Framework](#)

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Day 1 PM

- Linking Cause and Effect (ski snow interaction/ Skier Movements) through task design and development
- Assessment and Development
- Terrain selection and situational awareness
- The power of positive feedback and debriefs
- Adapting your approach to individual learners
- Debrief and planning for Day 2

DAY 2 (TOTAL 4.5 Hours on Snow)

Day 2 AM

- Health Check
- Review Day 1 findings
- Candidate reflections on own focus
 - Using the skills framework within the collaborative approach (i.e., creating experiences)
- Exploring possibilities (e.g., variation: try something else, when, what, where)
- Safe Teaching and risk mitigation

Day 2 PM

- Practice teaching, setting goals and objectives
- Level 2 teaching evaluation review (e.g., evaluation form, type of lesson, terrain, exam format)
- Exam recommendations and tactics
- Development planning

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- [Performance Model](#) (read p. 4 – 15 & 20 – 27)
 - What are Drifted vs Steered Turns?
 - What are the common problems and solutions regards to Introduction to Parallel?
- [Participant Development Plan Form \(fillable PDF\)](#)
- Level 2 Teach Evaluation Form

LEVEL 2 TEACH EXAM

A. INTRODUCTION

The L2 Teaching standard is evaluated in a full day, ongoing assessment of teaching proficiency. Assessments are made during the course of the day through practice teaching opportunities, discussions, and questioning to help the Course Conductor gauge knowledge in as low stress an environment as possible.

B. ITINERARY

Approx. 4.5 Hours On Snow

The day will be run based on conditions of the day with breaks throughout. Multiple, short teaching opportunities will be dispersed throughout the day for each individual. Participants are encouraged to involve themselves in discussions throughout and ask questions to enhance their development.

- Registration/ check in
- [Health Check/ Vax Confirmation](#)
- Preview of the day/ exam format
- Evaluation criteria review
- Full day assessment
- Results presentation and feedback

C. MARKING CRITERIA

Assessments are based on the teaching and technical concepts of the CSIA and are outlined in the evaluation form below. The concepts outlined in the evaluation form are explored in the Level 2 Teacher Development Course

D. EVALUATION FORM



Level 2 Teaching - Evaluation Form

OVERALL RESULT

NI / ME

Location: _____ Date: _____

Course Conductor: _____ Must achieved 11/13 performance criteria to Meet Expectations

Candidate Name

Member #

NI	ME	KNOW YOUR LEARNER
NI	ME	Positively engages with other learners
NI	ME	Identifies ski snow interaction
NI	ME	Identifies skier movements

NI	ME	CREATE AN EXPERIENCE
NI	ME	Teaches safely (MANDATORY)
NI	ME	Chooses appropriate environment for tasks
NI	ME	Chooses task based on assessment of learners
NI	ME	Demonstrates tasks using CSIA technical concepts

NI	ME	ASSESS THE EXPERIENCE
NI	ME	Identifies ski snow interaction within task
NI	ME	Identifies skier movements within task
NI	ME	Recognizes effect of the environment on outcomes

NI	ME	EXPLORE POSSIBILITIES
NI	ME	Maintains safe teaching approach (MANDATORY)
NI	ME	Repeats or varies task based on assessment
NI	ME	Manages environment based on task outcomes

Legend: The marking scale is based on an expectation that competency is apparent "most of the time" during the assessment.
The evaluation of each criteria is based on the candidates demonstrated level of understanding

ME Candidate meets expectations in this aspect
NI Candidate needs improvement in this aspect

L2TEVAL-EN-22