

CANADIAN SKI INSTRUCTORS' ALLIANCE

Level 2 Certification Program Candidate Guide 2024-2025

CSIA Mission Statement

"The CSIA sets Canada's standard for the profession of ski teaching through innovative training and certification programs, contributing to the safety and growth of the industry and enjoyment of skiing for everyone."

Certified as a designated Educational Institute by the Canadian Department of Human Resources Development

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Course Outline - Skier Development



A. INTRODUCTION

This Course is designed to offer members a two-day intensive ski improvement experience focused on helping participants meet the Level 2 Skiing Standard while exploring relevant terrain and different snow conditions. For more details about the Certification pathway, click here.

Level 2 (L2) Instructors make up the majority of the CSIA membership and instructors in Snow Schools across Canada. The L2 Skier Development Course is for anyone who has passed the Level 1 certification, the Snow Park Certification or who meets an accepted prerequisite via a partner organization.

This document is designed to provide a brief outline of the program and includes hyperlinks throughout to provide additional information.

B. LEARNING OUTCOMES

During the 2-day Course, participants will be exposed to the following:

Ski Improvement

- Consolidation of skier movements to achieve skiing outcomes in designated terrain and conditions.
 - Coordination of movement patterns appear
 - o Controlled and rhythmical execution of task under stable conditions
 - o Some performance elements are maintained, but are inconsistent when skier is under pressure
- Insight and preview of L2 Ski Exam Criteria

Collaborative Teaching

• Gain insight into decision making and use of the Canadian teaching approach as you work together with your CC to develop their own skiing.

Assessment and Development Strategies

- Gain knowledge of how to assess skiers using the 5 Skills Framework
 - Recognizing terrain and snow conditions
 - Assessment strategies and tactics
 - Ski snow interaction and skier movements how they are related

C. PROGRAM ITINERARY

DAY 1 (TOTAL 4.5 Hours on Snow)

Day 1 AM

- Registration/ check in (outdoors if possible)
- Ski improvement Session
- Get to know Canadian Teaching Approach
- Use the 5 Skills Framework for technical assessments of chosen objectives

LEVEL 2 SKIER DEVELOPMENT COURSE

Day 1 PM

- Linking Cause and Effect (ski snow interaction/ Skier Movements) through task design and development of chosen objectives.
- Level 2 Ski off run objectives and terrain review.
- Debrief and planning for day 2

DAY 2 (TOTAL 4.5 Hours on Snow)

Day 2 AM

- Review Day 1 findings
- Continued ski improvement

Day 2 PM

- Continued integration of ski off run objectives
- Exam recommendations and tactics
- Development Planning

INVITE to CSIA MEMBERS to PROVIDE FEEDBACK

CSIA programs and content are influenced by many factors including the input from participants. Please take a few minutes to provide feedback on your experience in this program through the online survey that you will receive following completion of the program. Thank you in advance for your time!

D. RESOURCES

The CSIA is committed to minimizing its impact on the environment by limiting printed materials on all programs. Instead, current CSIA Teaching and Technical manuals and documents being referred to throughout this document are available in the <u>Resources section</u> of snowpro.com.

Please be prepared to take notes on your own development on your phone or other device. For that purpose, a fillable PDF form is available for download here: <u>Participant Development Plan Form</u>.

Recommended readings are listed in the <u>Resources section</u> of snowpro.com. However, you are welcome to explore each document in its entirety.

Level 2 Skiing Exam Outline



A. INTRODUCTION

The Level 2 Skiing standard is evaluated in a full day, ongoing assessment of skiing proficiency. The Course Conductor will provide each participant with training and development opportunities as well as "ski off" runs in the required turn types and terrain. Specific details of turn types and evaluation criteria are below. Each group skis with their Conductor all day with the Conductor acting as both a coach, and evaluator during the process.

B. ITINERARY

- Registration/ check in
- Preview of the day/ exam format
- Evaluation criteria review
- Full day assessment
- Results presentation and feedback

C. MARKED RUNS

Level 2 - Consolidation

- Coordination of movement patterns appear
- Controlled and rhythmical execution of task under stable conditions
- Some performance elements are maintained, but are inconsistent when skier is under pressure, conditions change or demands increase

Type Demonstration parallel (9 - 11m)

Speed Medium Speed

Performance Steered
Pitch Blue
Surface Groomed
Qualities Linked turns

Speed remains consistent

Rotational Control results in the appropriate steering angle for the objective

Edging Control results in outside ski directing COM throughout

Skis change edges at transition simultaneously

Type Short Turn (less than 1 cat track)

Speed Medium Speed

Performance Steered
Pitch Blue
Surface Groomed

Qualities Speed remains consistent throughout

Steering results in deflection of COM across the run

Edge grip is apparent below the fall line

LEVEL 2 SKIER DEVELOPMENT COURSE

Type Free Run (Terrain interpretation)

Speed Medium Speed

Performance Steered Pitch Blue

Surface Unprepared, small bumps, choppy snow Qualities Turn shape and line are adjusted to terrain

Speed remains consistent

Snow contact is controlled at will CSIA technical elements are applied

Tactic run (one type only, to be determined by the Course Conductors, based on conditions of the day):

Type Intro to Parallel Demonstration

Speed Medium
Performance Steered
Pitch Green
Surface Groomed

Qualities Round Linked turns

Speed remains consistent

Outside ski steering angle achieved at initiation resulting in balance against outside ski

Skis match below the fall line

OR

Type Wedge Turns

Speed Slow
Performance Steered
Pitch Green
Surface Groomed

Qualities Round linked turns

Speed remains consistent

Outside ski steering angle achieved at initiation resulting in balance against outside ski

Both skis remain on inside edges

Turn shape will be rounded off more on Blue terrain and less so on Green runs

D. EVALUATION FORM



MASTER SHEET LEVEL 2 SKIING EXAM

SKIING RESULT		
ME	NI	

Name		Member #		
Location				
Date		Course Conductor		
Run	Demonstration Parallel	Short Turn	Tactic	Free Run

MARKING SYSTEM

Each run is marked on 10 points and the passing mark is 6 out of 10

Passing criteria

- Obtain an overall of 60 % average
- Must pass 3 runs out of 4
- Must pass the Tactic run
- Must pass the Demonstration Parallel

Each Ski-Off Run has an objective that relates to speed, turn shape and level of ski performance.

Skills should be applied appropriately to achieve the objectives to a CONSOLIDATED level of execution. Both the objective and skill application are considered in determining individual marks. The scale works as follows (read the mark of 6 first):

8 or higher – precise execution of run objective with refined technical execution.

Example: can effectively control line in all cases and can manage higher speeds effectively AND is refined technically, well above the Level 2 standard.

7 –precise execution of run objective and/or refined technical execution.

Example: skier is able to control and adjust turn shape at a higher speeds and level of performance when appropriate **OR** skill blend is more precise resulting in a more precise or dynamic run.

- 6 –achieves the objective of the run AND shows consolidated skill execution most of the time. Minimum Passing Mark
- **5** –achieves the objective of the run, but skill development is not at a consolidated level **or** skills are consolidated but does not achieve the objective of the run.

Example: correct speed and turn shape, however, lacks rotational control OR good technique, but speed is too slow or too fast for the objective of the run.

4 -fails to achieve the objective of the run and skill level is not consolidated.

Example: rotation affects the ability to maintain speed control and turn shape most of the time

3 or lower – does not achieve the run objective and skill(s) require acquisition (well below the L2 Standard) Example: basic skiing skills are deficient (acquisition level or lower) such as rotational, edging or pressure control, therefore, speed, turn shape and ski performance are greatly affected.

ME Candidate meets expectations in this aspect
NI Candidate needs improvement in this aspect

L2SEVAL-EN-25

Course Outline - Teacher Development

A. INTRODUCTION

This Course is designed to give participants the opportunity to develop and practice teaching approaches and strategies that address a broader range of student skill levels. For more details about the Certification pathway, <u>click here</u>.

Level 2 (L2) Instructors make up the majority of the CSIA membership and instructors in Snow Schools across Canada. The L2 Teacher Development Course is for anyone who has passed the Level 1 Certification, the Snow Park Certification or who meets an accepted prerequisite via a partner organization.

This document is designed to provide a brief outline of the program and includes hyperlinks throughout to provide additional information.

B. LEARNING OUTCOMES

During the 2-day Course, participants will be exposed to the following:

Canadian Teaching Approach

- Explore and use the Canadian Teaching Approach to develop an organized lesson structure.
- Tactics for engaging and getting to know your learners
- Risk mitigation

Assessment and Development Skills

- Learn how to assess and develop skiers using the 5 skills framework
 - Recognizing and choosing terrain and snow conditions
 - Assessment strategies and tactics
 - Task design and toolbox
 - Ski snow interaction and skier movements how they are related

Ski Improvement

- Insight and preview of L2 Ski Exam Criteria
- Demonstrations

C. PROGRAM ITINERARY

DAY 1 (TOTAL 4.5 Hours on Snow)

Day 1 AM

- Registration/ check in
- Canadian Teaching Approach
- 5 Skills Framework

Day 1 PM

- Linking Cause and Effect (ski snow interaction/ Skier Movements) through task design and development
- Assessment and Development

LEVEL 2 SKIER DEVELOPMENT COURSE

- Terrain selection and situational awareness
- The power of positive feedback and debriefs
- Adapting your approach to individual learners
- Debrief and planning for Day 2

DAY 2 (TOTAL 4.5 Hours on Snow)

Day 2 AM

- Review Day 1 findings
- Candidate reflections on own focus
- Using the 5 skills framework within collaborative teaching (i.e., creating experiences)
- Exploring possibilities (e.g., variation: try something else, when, what, where)
- Safe Teaching and risk mitigation

Day 2 PM

- Practice teaching, setting goals and objectives
- Level 2 teaching evaluation review (e.g., evaluation form, type of lesson, terrain, exam format)
- Exam recommendations and tactics
- Development planning

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Level 2 Teaching Exam Outline



A. INTRODUCTION

The L2 Teaching standard is evaluated in a full day, ongoing assessment of teaching proficiency. Assessments are made during the course of the day through practice teaching opportunities, discussions, and questioning to help the Course Conductor gauge knowledge in as low stress an environment as possible.

B. ITINERARY

Approx. 4.5 Hours On Snow

The day will be run based on conditions of the day with breaks throughout. Multiple, short teaching opportunities will be dispersed throughout the day for each individual. Participants are encouraged to involve themselves in discussions throughout and ask questions to enhance their development.

- Registration/ check in
- Preview of the day/ exam format
- Evaluation criteria review
- Full day assessment
- Results presentation and feedback

C. MARKING CRITERIA

Assessments are based on the teaching and technical concepts of the CSIA and are outlined in the evaluation form below. The concepts outlined in the evaluation form are explored in the Level 2 Teacher Development Course

EVALUATION FORM - LEVEL 2 E.

CSIA
Canadian Ski Instructors' Alliance

Level 2 Teaching - Evaluation Form

OVERALL RESULT	
NI / ME	

	CSIA. Ski Instructors' Alliance	illing -	Locati	ion:_	Date:	NI / ME
	Candidate Name	Member #	Cours	se conc	uctor:	— Must achieved 11/13 performance criteria to Meet Expectations
NI M	E KNOW YOUR LEARNER		NI	ME	CREATE AN EXPE	RIENCE
NI M	E Positively engages with other learners		NI	ME	Teaches safely (MANDATORY)	
NI M	E Identifies ski snow interaction		NI	ME	Chooses appropriate environment for tas	ks
NI M	E Identifies skier movements		NI	ME	Chooses task based on assessment of lea	rners
			NI	IVIE	Demonstrates tasks using CSIA technical	concepts
NI M	E ASSESS THE EXPERIENCE E Identifies ski snow interaction within task		NI NI	ME ME	EXPLORE POSSIE Maintains safe teaching approach (MA)	
NI M	E Identifies skier movements within task		NI		Repeats or varies task based on assessme	
NI M	E Recognizes effect of the environment on outcomes		NI	ME	Manages environment based on task out	comes

Legend: The marking scale is based on an expectation that competency is apparent "most of the time" during the assessment.

The evaluation of each critera is based on the candidates demonstrated level of understanding

ME Candidate meets expectations in this aspect

NI Candidate needs improvement in this aspect L2TEVAL-EN-22